

Home Learning Activities: EYFS

White Rose: Home Learning activities – Maths.

- Play tiddly winks (flick the edge of one counter with another counter to try and get it into a shallow pot or saucer). Encourage your child to count the number of counters that they manage to flick into the container.
- Paint or use collage equipment to create a symmetrical snowflake

Literacy:

- Make mini-books about polar animals
- Practise letter formation
- Learn and enjoy the story of 'We're Going on a Bear Hunt'
- These websites have books suitable for Foundation Stage Children to read.
- <https://www.harris.lancs.sch.uk/read-write-inc-reading-books/>
- www.home.oxfordowl.co.uk

Expressive Arts and Design

Colour Mixing Arctic Colours: Add different amounts of white to any given colour, for example, blue so you get an increasing shade of blue. Paint these colours you have created into stripes.

Collage of a Polar Bear: Draw an outline of a Polar Bear and add cotton wool, white tissue or similar materials to create a collage of a Polar Bear.

Paint Ice: Use either Ice Cubes or any container to freeze water. Place this on a tray or any container to catch the ice as it melts. Use paints to paint the ice. Some of the paint will flow down the ice and others will flow into it. You can explore the effects with this.

Singing songs from 'Frozen'

If you have access to the Disney animation 'Frozen' and wanted to enjoy singing along to these songs this would be lovely.

Paint different scenes from 'We're Going on a Bear Hunt'

Making Musical Instruments:

Can you make some musical instruments to go with the story? E.g you could fill a bottle with water to make the splash, splosh sound of the river.

Place pebbles, rice or similar in a small junk modelling container and use this as a shaker.

Explore Drumming sounds

Using pots and pans and other containers explore the different sounds they make when tapped with a wooden spoon. See if you can create a simple rhythm, for example two tiny gentle taps one big one, two tiny gentle taps one big one, etc.

Paint whilst listening to Music

Paint zig-zags, spirals, dots, swirly lines or other marks whilst listening to music. This could be any music of your choice.

You could also discuss with your child how these pieces of music make you feel.

(Please enjoy dancing or just listening to these as well!)

If **you feel happy** then listen to *Rodeo Hoe-Down* by Aaron Copeland.

<https://video.link/w/rMeLb>

- If you **need cheering up** then listen to *The Planets Suite* by Gustav Holst.
<https://video.link/w/PFdLb>
- If you **want to be relaxed** then listen to *The Swan from Carnival of the Animals* by Saint Saens.
<https://video.link/w/v8eLb>
- If you **want to be inspired**, listen to *Superman* by John Williams.
<https://video.link/w/5beLb>
- If you **want to feel excited** then listen to, *the Overture from the Opera Carmen* by Georges Bizet. <https://video.link/w/djeLb>
- If you **want something a little bit funny** then listen to the BBC Orchestra play the theme from the film *The Great Escape*.
<https://video.link/w/LUeLb>
- If **you are feeling mysterious**, listen to the Aquarium from the Carnival of the Animals by Saint Saens.
<https://video.link/w/42eLb>

Understanding the World

Polar regions clips to watch:

- **Identify features of a polar habitat. Watch the video and then see if you can build an igloo:**

<https://classroom.thenational.academy/lessons/to-identify-features-of-a-polar-habitat-and-locate-them-on-a-globe-6gw30r?activity=video&step=1>

- **Animals that live in polar regions**
Watch the video and then see if you can paint a picture of a polar animal:

<https://classroom.thenational.academy/lessons/to-name-animals-that-live-in-polar-habitats-6gt66r?activity=video&step=1>

Watch how clever polar bears have to be when they stalk seals.

<https://www.youtube.com/watch?v=B0DCOTaZgtA&list=PL8E0BCB84F2CDE92B&index=47>
Can you draw a map of how the polar bear got closer to the seal?

Understanding of the World:

Rescue an object from Ice: Place any object (toy dinosaur, person, pine-cone, etc.) in water and then place this in the freezer to turn into ice. Then try different ways of getting the object out of the ice. This could include tapping away at the ice with a spoon and using warm water and a paintbrush to use warm water to wash away some of the ice.

RSPB Big Garden Birdwatch

What birds can you spot from your window?

<https://www.rspb.org.uk/get-involved/activities/birdwatch/>

Make a pair of binoculars

Use junk-modelling equipment to make binoculars. For example, attach a pair of toilet rolls together and add string.

Go on a Bear Hunt – or Toy Hunt

Around your garden or when taking a walk outside. You may find grass, mud and trees on your ‘bear’ or toy-of-choice hunt.

Physical Development

- Use lego or similar construction equipment to build an igloo. Alternatively, you could try and stack several ice cubes together to make a small wall – although this is quite challenging to do!
- If you were able to make an igloo or polar bears den from blankets, pillows, furniture in your house.
- Practise Marching for the Queen;
- Listen to some marching type music and practise marching up and down as the guards do beside Buckingham Place.
- Make a play-doh model of a polar bear, grizzly bear, penguin or other polar animal
- Do some We’re Going on a Bear Hunt yoga with Cosmic Kids Yoga:
- <https://www.youtube.com/watch?v=KAT5NiWHFIU>
- Playdough Gym
- With a ball of playdough in your hand try to follow these finger-gym movements.
- <https://www.youtube.com/watch?v=iVLvg>