



PSHE Newsletter

Subject lead: Miss Latham

If you have an area of expertise you would like to share with the children, please email the office with FAO Miss Latham.



PSHE stands for Personal, Social, Health and Economic Education. At The Bellbird, we aim to create a partnership between home and school, which supports your children's personal and social development. We teach PSHE on a two-year cycle, using the Cambridgeshire PSHE service. From Reception to Year 6, the learning consists of six half-termly units of work.

These units of work revolve around four 'Big Ideas':

1. Responsibility
2. Risk
3. Relationships
4. Respect

These "Big Ideas" encompass topics such as: Rights, Rules and Responsibilities, My Emotions, Diversities and Communities, Managing Change and Personal Safety.

"Evidence shows that PSHE education can improve the physical and psychological well-being of pupils" PSHE Education: A Review of Impact and Effective Practice, DfE, 2015.

Throughout your children's time at school, they will learn to recognise an increasing range of emotions, develop their problem solving skills, know what impacts their identity and be able to challenge stereotypes. By the time your children leave The Bellbird, we will have equipped them with effective decision making skills, and the ability to calculate risk.



"Whether it is verbal, physical, online or in-person, bullying has a significant impact on a child's life well into adulthood. By making small, simple changes, we can break this cycle and create a safe environment for everyone. Because together, we can challenge bullying.. Change starts with a conversation. It starts with checking in. It starts with working together. Change starts here. Change starts now. Change starts with us." Anti-Bullying Alliance, 2019

Anti-Bullying Week 2019

This term at The Bellbird has included Anti-Bullying Week. The children explored what 'bullying' means, discussing the important distinction between 'bullying' and 'being unkind'. To celebrate the kindness that all children show at The Bellbird, each class created their own piece of work encouraging kindness and friendship. Each class presented their work, which



#ANTIBULLYINGWEEK



ranged from odd socks on a line to represent diversity (Year 1) to an acrostic poem exploring the feelings of someone who bullies (Herons class). As a result of this fantastic work, we now have two anti-bullying, kindness displays around