



# Physical Education Newsletter

## Physical Education or PE

is a fundamental subject within the curriculum. It aims to inspire children to have lifelong participation in sport and teaches children important life skills such as teamwork and communication.

The "big ideas" in PE are:

- Evaluating and improving others performance
- Making and applying decisions.
- Developing physical skill
- Promoting a healthy, active lifestyle

These are taught through sports such as: dance, gymnastics, netball, football, rugby, cricket, tennis and athletics.

During their time at The Bellbird, the children are exposed to lots of different, exciting opportunities within PE. During the Spring we will be having rugby coaching from Shelford Rugby Club. In the summer the children in years 1, 3 and 5 have a chance to be coached in cricket, whilst, the children in year 2, 4 and 6 go swimming at Sawston Village College.

This year, we have signed up to become a member of the Cambridge School Sport Partnership which will open up many different competitive opportunities for all our children.

We have also created a display board for PE in The Bellbird. Here you will find a list of extra-curricular clubs, fixtures and our key words and values. We have also got some inspirational sports women and men on display.



## The National Curriculum for PE

"A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect."

### Some exciting dates for you diary:

- 29th November—KS2 cross country championships at Netherhall School.
- 12th March—Year 4,5 and 6 tag rugby tournament at Shelford Rugby Club.
- 25th March—Year 5/6 high 5 netball tournament at Netherhall School.
- 11th June—Year3/4 Kwik Cricket tournament at Whittlesford Cricket Club
- 18th June— Sport for all at The Abbey Leisure Complex.
- We will also be participating in local competitions at Sawston Village College including; Rounders and Olympic Days for our years 5s and 6s.

If you would be interested in helping with extracurricular clubs, fixtures or transport please contact Miss Davidson, PE lead.